



Calisthenic SA Coaches Association Inc

Application Form
LEVEL ONE COACHES
COURSE

CAL.S.A.C. USE ONLY	
Receipt No.....
Form of payment
Beginning Coaching
Tech Guide
Full Membership
First Aid
Police Check.....
Cadet.....
Grade 2

PLEASE COMPLETE THE FOLLOWING DETAILS AND RETURN TO:

CAL.S.A.C. Administrative Officer
Royalty Theatre
65 Angas Street
Adelaide SA 5000

Your application will be confirmed by mail if a stamped self addressed envelope is enclosed.

The cost for your Level 1 will be \$127.00 (including GST) - payable when application is made.

Name.....Date of Birth:...../...../.....

Address

..... Postcode.....

Telephone (home)..... (mobile).....

Email:

Name of Club/College

Date of completion of Cadet Coach Course.....

Calisthenic Skills Candidate Number

Applicant's Signature

- Please enclose:*
- Payment*
 - Application form*
 - Full Membership form*
 - Other Certificates / enrolment forms (if required)*
 - Stamped self addressed envelope*

CLOSING DATE FOR APPLICATIONS: Monday 30th January 2012
(a late fee of \$10.00 per candidate applies after that date)
NO ENTRIES ACCEPTED AFTER TUESDAY 7th FEBRUARY 2012

LEVEL 1 2012

The only Level 1 course for 2012 will be held on **Saturday 25th & Sunday 26th February at 2nd Floor Royalty Theatre, 65 Angas Street, Adelaide, S.A.**

All sessions on both days must be attended for the prescribed time to be eligible for Level 1 accreditation.

Saturday 25th February 2012

9.00a.m.-11.30a.m.	Module 1 Role of the Coach Module 2 Organisation & Planning Module 3 Coaching Communication
11.35a.m.-12.35p.m.	Module 5 Growth & Development
1.00- 3.00p.m.	Module 7 Music and Singing
3.15-5.15p.m.	Module 8 Adjudication and Choreography

Sunday 26th February 2012 *Please come appropriately dressed for practical sessions on the Sunday*

9.00 –1.00p.m.	Module -4 Safety, Physical Conditioning and Gymnastics
1.30-4.00p.m.	Module 6 Dance in Calisthenics

The following prerequisites for the course must be adhered to:

- A) The purchase of two manuals from CAL.S.A.C.
Technical Guide \$20.00 and Beginning Coaching Manual \$20.00 (Total \$40.00)
These will be distributed at the Level 1 Course.
- B) Be enrolled in the **January Red Cross Course** or have current first aid qualifications as listed below (please send photocopy with your application form)
- Senior St John First Aid Course
 - Red Cross Senior First Aid
 - Registered Nurse
 - Essential First aid with CPR certificate
 - First Aid for school or centres with CPR Certificate
- If in doubt please phone the Administrative Officer **before** enrolling in any courses other than the course held by CAL.S.A.C.
- C) Be able to accrue 40 hours of Coaching within 12 calendar months prior to assessing.
- D) Turn 18 years of age before 31/12/12
- E) Be a full member of CAL.S.A.C.(2012 fee is \$85.00 – please send with the subscription form enclosed in this newsletter)
- F) Have completed a MINIMUM of Calisthenic Skills Grade 2
- G) Have completed the CADET COACHES COURSE– please contact the office if this requirement has not been met
- H) Have a police clearance (only valid for three years)

All applications must enclose:

1. **Payment for Course (\$127.00) and enrolment form**
2. **Payment for Technical Guide (\$20.00) and Beginning Coaching Manual (\$20.00)**
3. **Full Membership form and payment (\$85.00) and signed Code of Ethics form**
4. **A photocopy of your First Aid Qualification or Application form and payment (\$75.00 Concession or \$80.00) to attend January First Aid Course**
5. **Photocopy of certificate of highest level achieved in Calisthenic Skills**
6. **Photocopy of Cadet Coach Certificate**
7. **A stamped self addressed envelope**
8. **Original copy of police clearance**

If any of the above is missing NO FURTHER PROCESSING will take place

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